

Download The Dictionary Of Sodium Fats And Cholesterol

Coronary artery disease, also called coronary heart disease or heart disease, is the leading cause of death for both men and women in the United States. According to the American Heart Association, deaths from coronary artery disease have declined some since about 1990, but more than 40,000 people still died from the disease in 2000. adrenal gland a small triangular endocrine gland situated in the retroperitoneal tissues at the cranial pole of each kidney; it is the result of fusion of two organs, one forming the inner core or medulla, and the other forming an outer shell, or cortex. These two structures are different in both their anatomy and the kinds of hormone they synthesize and secrete. Continued. Trans fats: These are bad for you and can be found in packaged snacks such as pastries, cookies, crackers, and some types of margarine. Read the nutrition facts to see all the fats in ... No matter which fast-food chain you visit, high-fat and high-calorie breakfast choices abound. But healthier fast-food menu options do exist. Here are some of the best and worst foods at several ...