

Download Personal Trainer Certification

Get a personal trainer certification from NASM. Top rated trainer certification programs, study guides, exam prep, and advanced credentials Personal Trainer Certification. With a certification accredited by the National Commission for Certifying Agencies (NCCA) and built on the foundation of the ACE Integrated Fitness Training® Model, you will be equipped to deliver individualized programming proven to move people to adopt sustainable, healthy behaviors and a more active way of life. At the National Personal Training Association, we offer complete online personal training certification with no hidden costs or extra purchases required. You may obtain your CPT certification online immediately once you pass the final exam with our free instant 24/7 email pdf certification card. Before starting your personal trainer certification program, you'll need to have completed a few prerequisites. For example, every program requires that you are 18 years or older, and that you have a hands-on CPR and AED (automatic external defibrillator) certification. Become a Personal Trainer at PFTA Personal Trainer Certification School. Locations in Austin, Houston, Dallas - Fort Worth, and San Antonio. Request your free catalog. ACSM Certified Personal Trainers ® are motivated fitness leaders, backed by knowledge and abilities that set the standard for the industry. Want to learn how the ACSM Certified Personal Trainers ® stack up to other personal trainer certifications? View the personal trainer certification comparison chart. Personal Trainer for Special Populations Certification. The Personal Trainer for Special Populations Certification includes topics on adapting exercise principals and creating programs for individuals with arthritis, diabetes, hypertension, post-natal, menopause, seniors, youth, and young athletes; post rehab training for orthopedic injuries and cardiac patients. About The ExpertRating Online Personal Trainer Certification. The ExpertRating Online Personal Trainer Certification has been developed for people who would like to start a career in the fitness industry or would like to get their fitness training skills formally certified. Best Personal Training Certification: An Objective Look into 10 Key Criteria. Below we summarize the data contained in the infographic, diving into highlights from each section, explaining why some companies vary so much, and giving an honest assessment of why each of the companies ranks where it does. In order to determine which primary certification is best for you, it is important to identify your career goals and the service that you aim to provide. If you would like to get certified to lead one-on-one or small-group training sessions, the ACE Personal Trainer Certification would be the best fit.